



## What is Make/Sense Theatre?

Make/Sense is a theatre company that works with young people who may find it hard to access the performing arts. They mainly support neurodivergent students, as well as those with disabilities or SEMH needs. They visit lots of schools, including Hamilton, bringing fun, creativity and confidence-building activities into the classroom.

## What does a session look like?

Young people join a chilled, friendly group where drama-based activities happen at their own pace. The focus is on feeling safe, having fun, and building confidence. They get chances to work with others, communicate, solve problems, and discover what they're great at in a supportive environment. Activities may include improvisation work, devising or working from a script.



## How does it help students with their wellbeing?

Our sessions provide students with a safe, relaxed space to explore ideas through character work and creative expression. The sessions help them let go of inhibitions, try out new perspectives and understand their own feelings and those of others. This playful, imaginative approach supports confidence, emotional wellbeing and a stronger sense of self.