



## MENU

Week One: 4<sup>th</sup> January, 1<sup>st</sup> February, 1<sup>st</sup> March

### Mediterranean Mondays

*Piri Piri Chicken served with Savoury Rice & Salad*

*Spicy Sweet Potato & Pepper Wrap served with Savoury Rice & Salad*

*Roasted Vegetable & Pesto Pasta Pot*

*Lemon Drizzle Cake*

### Traditional Tuesdays

*Sausage Casserole served with Creamy Mash & Peas*

*Cheesy Glamorgan Sausages served with Creamy Mash & Peas*

*Chicken Harissa & Cous Cous Salad*

*Apple Crumble served with Custard*

### World Wednesdays

*Sticky Chicken Teriyaki & Oriental Vegetables served with Rice & Sweetcorn Cobs*

*Quorn Chilli Con Carne served with Rice & Salad*

*Humous served with Pitta Bread, Carrots & Cucumber*

*Cherry Pie served with Cream*

### Food for Thought Thursday

*Lamb & Lentil Spaghetti Bolognese served with Salad and Homemade Bread*

*Tomato & Basil Pasta served with Salad and Homemade Bread*

*Greek Pesto Salad*

*Strawberry Jelly*

### Friday Favourites

*Fish Finger Wrap served with Diced Potatoes, Lemon Wedges & Peas*

*Veggie Quarter Pounder served with Diced Potatoes & Peas*

*Chefs Salad*

*Fruit Pot*

### Jacket Potatoes

Choose from  
Cheddar Cheese, Baked Beans  
or Tuna Mayonnaise



### Baguettes

Choose from:  
Cheese, Chicken, Egg  
Mayonnaise, Ham, Ham &  
Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts  
and salad boxes available daily .

**Please order in advance.**





## MENU

Week Two: 11<sup>th</sup> January, 8<sup>th</sup> February, 15<sup>th</sup> March

### Mediterranean Mondays

*Spicy Chicken, Chorizo & Tomato Penne Pasta served with Salad & Homemade Bread*

*Macaroni Cheese served with Peas & Homemade Bread*

*Chicken Caesar Salad*

*Lemon Meringue Dessert Pot*

### Traditional Tuesdays

*Chicken Pie served with Creamy Mash, Carrots & Gravy*

*Herby Roast Quorn Fillet served with Creamy Mash, Carrots & Gravy*

*Roasted Vegetable Cous Cous Salad*

*Berry Crumble served with Custard*

### World Wednesdays

*Herby Spaghetti Meatballs in Tomato Sauce served with Peas*

*Veggie Bean Fajita Wrap served with Baked Wedges & Salad*

*Tuna & Sweetcorn Pasta Salad*

*Chocolate Cookie Pot*

### Food for Thought Thursday

*Turkey Fajita served with Savoury Rice & Salad*

*Sweet Chilli Vegetable Noodles*

*Greek Pesto Salad*

*Apple Pie served with Custard*

### Friday Favourites

*Spicy Chicken in a Bun served with Diced Potatoes & Peas*

*Sweet Potato & Chickpea Burger served with Diced Potatoes, Peas or Salad*

*Chefs Salad*

*Fruit Pot*

### Jacket Potatoes

Choose from  
Cheddar Cheese, Baked Beans  
or Tuna Mayonnaise



### Baguettes

Choose from:  
Cheese, Chicken, Egg  
Mayonnaise, Ham, Ham &  
Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts  
and salad boxes available daily.

**Please order in advance.**





## MENU

Week Three: 18<sup>th</sup> January, 22<sup>nd</sup> February, 22<sup>nd</sup> March

### Mediterranean Mondays

*Beef Bolognese Penne Pasta served with Salad & Homemade Bread*

*Quorn Mince Spaghetti served with Salad & Homemade Bread*

*Tuna Niçoise Salad*

*Apple & Blackberry Oaty Crumble served with Cream*

### Traditional Tuesdays

*Spicy Chicken Fillet served with Baked Wedges & Coleslaw*

*Roasted Vegetable Wrap served with Baked Wedges & Coleslaw*

*Greek Salad*

*Strawberry Mousse*

### World Wednesdays

*Creamy Ham & Cheese Tagliatelle served with Homemade Bread and peas*

*Vegan Meatballs in a Tomato Sauce served with Penne Pasta*

*Sweet Chilli Chicken Noodle Salad*

*Cherry Sponge served with Custard*

### Food for Thought Thursday

*Chicken in a Black Bean Sauce served with Basmati Rice and corn cobs*

*Vegetable Thai Curry served with Basmati Rice*

*Chicken Caesar Salad*

*Banana Cake*

### Friday Favourites

*Beef Burger in a Bun served with Diced Potatoes & Salad*

*Vegan Sausage Roll served with Diced Potatoes & Salad*

*Mackerel Salad*

*Fruit Pot*

### Jacket Potatoes

Choose from  
Cheddar Cheese, Baked Beans  
or Tuna Mayonnaise



### Baguettes

Choose from:  
Cheese, Chicken, Egg  
Mayonnaise, Ham, Ham &  
Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts  
and salad boxes available daily .

**Please order in advance.**





# MENU

Week Four: 25<sup>th</sup> January, 29<sup>th</sup> March

## Mediterranean Mondays

Tomato and Basil Tuna Pasta Pot served with Peas Homemade Bread

Roasted Vegetable Pasta Bake

Chicken Pesto Salad

Pear Crumble served with Custard

## Traditional Tuesdays

Cheese & Ham Toasties served with Baked Wedges & Salad

Vegan Shepherds Pie

Tuna & Sweetcorn Pasta Salad

Chocolate Cookie Pot

## World Wednesdays

Harissa Spiced Chicken served with Chickpeas & Savoury Rice and green beans

Cheese Panini served with Wedges & Salad

Humous served with Pitta Bread, Carrots & Cucumber

Sticky Toffee Pudding served with Cream

## Food for Thought Thursday

Tandoori Chicken Wrap served with New Potatoes & Sweetcorn

Chickpea & Sweet Potato Curry served with Rice, Naan & Chutney

Greek Pesto Salad

Orange & Mandarin Jelly

## Friday Favourites

Fish of the Day served with Diced Potatoes, Lemon Wedge & Peas

Spicy Bean Burger served with Diced Potatoes, Peas or Salad

Chefs Salad

Fruit Pot

## Jacket Potatoes

Choose from Cheddar Cheese, Baked Beans or Tuna Mayonnaise



## Baguettes

Choose from: Cheese, Chicken, Egg Mayonnaise, Ham, Ham & Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts and salad boxes available daily.

Please order in advance.

