



MENU

Week One: 30 August, 27 September, 1 November, 29 November

Mediterranean Mondays

Beef Bolognese Penne Pasta served with Homemade Bread & a Leafy Salad

Macaroni Cheese served with Herby Homemade Bread & Green Beans

Hot Tandoori Chicken Baguette with a Mint Yoghurt Dressing

Apple Crumble

Traditional Tuesdays

Chicken Pie served with Mashed Potatoes, Gravy & Carrots

Vegan Shepherd's Pie served with Carrots

Brockwurst Hot Dog in a Roll

Chocolate Cookie Pot

World Wednesdays

Spicy Cajun Turkey Wrap served with Oven Baked Wedges & Salad

Vegetable & Mozzarella Mediterranean Wrap served with Oven Baked Wedges & Salad

Vegetable Korma Rice Pot

Banana & Cinnamon Cake

Food for Thought Thursday

Katsu Chicken Curry served with Rice & Peas

Quorn Noodle Stir Fry served with Oriental Vegetables

Cheese & Ham Panini

Red Cherry Pie

Friday Favourites

Fish of the Day served with Diced Potatoes, Peas & Tartare Sauce

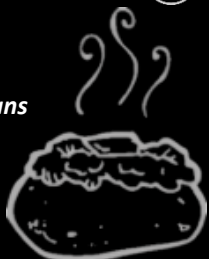
Vegan Sausage Roll served with Diced Potatoes & Peas

Spicy Southern Style Chicken & Salad Wrap served with Diced Potatoes

Fruit Pot

Jacket Potatoes

Choose from
Cheddar Cheese, Baked Beans
or Tuna Mayonnaise



Baguettes

Choose from:
Cheese, Chicken, Egg
Mayonnaise, Ham, Ham &
Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts
and salad boxes available daily .

**GLUTEN FREE OPTIONS AVAILABLE –
PLEASE ORDER IN ADVANCE**





MENU

Week Two: 6 September, 4 October, 8 November, 6 December

Mediterranean Mondays

Mediterranean Chicken Wrap served with Rice and a Tomato & Corn Salsa Salad

Smokey Paprika Tomato Wholewheat Fusilli served with Homemade Bread

Spicy Chicken Pasta Pot

Lemon Drizzle Cake

Traditional Tuesdays

Pork Sausage served with Creamed Potatoes, Yorkshire Pudding & Peas

Quorn Sausages served with Creamed Potatoes, Yorkshire Pudding & Peas

Hot Piri Piri Chicken Baguette

Cherry Crumble

World Wednesdays

Beef Spaghetti Bolognese served with Herby Bread & Salad

Three Bean Chilli served with Rice and a Carrot & Coriander Salad

Margarita Pizza Slice served with Salad

Chocolate Sponge served with Cream

Food for Thought Thursday

Chicken Jalfrezi served with Basmati Rice & Naan Bread

Vegetable Lasagne served with Green Beans

Thai Sweet Chilli Chicken Wrap

Chocolate Cookie Pot

Friday Favourites

Beef Burger in a Bun served with Diced Potatoes & Baked Beans

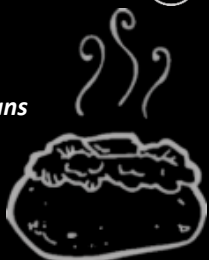
Spicy Bean Burger in a Bun served with Diced Potatoes, Peas or Salad

Fish Finger Salad Wrap served with Diced Potatoes

Fruit Pot

Jacket Potatoes

Choose from
Cheddar Cheese, Baked Beans
or Tuna Mayonnaise



Baguettes

Choose from:
Cheese, Chicken, Egg
Mayonnaise, Ham, Ham &
Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts
and salad boxes available daily .

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MENU

Week Three: 13 September, 11 October, 15 November, 13 December

Mediterranean Mondays

*Cheese & Ham Macaroni served
with Homemade Bread & Salad*

*Tomato & Lentil Spaghetti
Bolognese served with
Homemade Bread & Salad*

Chicken Korma Rice Pot

Strawberry Sponge Cake

Traditional Tuesdays

*Steak Pie served with
New Potatoes & Cabbage*

*Cheesy Squash & Red Pepper
Slice served with
Roast Potatoes & Peas*

Hot Chicken Fajita Baguette

Apple Crumble

World Wednesdays

*Stir Fry Sweet Chilli Chicken
Noodles served with
Oriental Vegetables*

*Quorn Chilli served with Rice
and a Tomato & Onion Salad*

Cheese Panini

Lemon & Blueberry Dessert Pot

Food for Thought Thursday

*Chicken Teriyaki
served with Basmati Rice*

*Vegetable Tikka Masala served
with Rice, Naan & Chutney*

Bratwurst Hot Dog in a Roll

Coconut Cake

Friday Favourites

*Spicy Southern Style Chicken
served with
Diced Potatoes & Coleslaw*

*Piri Piri Quorn Wrap served
with Diced Potatoes & Salad*

Quorn Bolognese Pasta Pot

Fruit Pot

Jacket Potatoes

Choose from
Cheddar Cheese, Baked Beans
or Tuna Mayonnaise



Baguettes

Choose from:
Cheese, Chicken, Egg
Mayonnaise, Ham, Ham &
Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts
and salad boxes available daily .

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MENU

Week Four: 20 September, 18 October, 22 November, 20 December

Mediterranean Mondays

Tomato & Chorizo Wholewheat Pasta served with Homemade Bread & a Leafy Salad

Roasted Pepper Penne Pasta served with Homemade Bread & Peas

Jerk Chicken Wrap served with Salad

Apple & Berry Crumble

Traditional Tuesdays

Chicken Tikka Masala served with Basmati Rice

Crispy Broccoli Cheese Bake served with New Potatoes

Veggie Noodle Pot

Chocolate Cookie Pot

World Wednesdays

Beef Lasagne served with Green Beans

Macaroni Cheese served with Green Beans

Blackened Cajun Chicken Rice Pot

Vanilla Ice Cream

Food for Thought Thursday

BBQ Chicken Skewer served with Basmati Rice & Corn

Sweet Potato & Pea Korma served with Rice, Naan & Chutney

Margarita Pizza Slice served with Salad

Banoffee Dessert Pot

Friday Favourites

Breaded Fish Fillet served with Diced Potatoes, Lemon Wedge & Peas

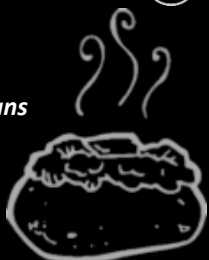
Veggie Burger served with Diced Potatoes, Peas or Salad

Spicy Chicken Burger served with Diced Potatoes, Peas or Salad

Fruit Pot

Jacket Potatoes

Choose from
Cheddar Cheese, Baked Beans
or Tuna Mayonnaise



Baguettes

Choose from:
Cheese, Chicken, Egg
Mayonnaise, Ham, Ham &
Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts
and salad boxes available daily .

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